

Got Milk?



Quaker Road will once again be selling cartons of milk on a daily basis in order to support our students' healthy eating habits. Milk will be available **by pre-ordering at three times** throughout the school year (September, January and April) at a cost of \$0.70 per 250ml carton of milk.

If you would like your child to receive milk for our second Nutrition Break as part of our school program, please complete **both sides** of the form and return it to the school no later than **Wednesday, September 21, 2011**. You must send one form for EACH child in your family.

Write a "C" for chocolate in each day that you would like your child to receive chocolate milk or a "W" for white milk.

STUDENT NAME: _____

TEACHER: _____

PARENT SIGNATURE: _____

SEPTEMBER				
Monday	Tuesday	Wednesday	Thursday	Friday
26	27	28	29	30

OCTOBER				
Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6 PD Day
10 Thanksgiving	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

NOVEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30		

DECEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23

Total Chocolate _____

Total White _____

Total: _____ x \$0.70 = _____

TOTAL PAID

Payment Method

CASH _____ CHEQUE(s) _____